

7-WEEK CARIBBEAN CRUISE

Packing Guide

EVERYTHING YOU NEED FOR THE ULTIMATE CARIBBEAN ADVENTURE! ♥



www.passportnomads.com



DOCUMENTS

- ☐ Passport
- ☐ Cruise documents / booking printout
- ☐ Boarding pass
- ☐ Travel insurance (print or download)
- ☐ Credit cards (2+) & some cash (USD)
- ☐ Emergency contacts
- ☐ ID / Driver's license



CLOTHING

Daytime

- ☐ T-Shirts & tank tops
- ☐ Shorts
- ☐ Dresses
- ☐ Lightweight pants
- ☐ Swimwear (3+)
- ☐ Swimsuit cover-up
- ☐ Activewear

Evening

- ☐ Smart casual outfits
- ☐ Resort wear

Formal / Theme Nights

- ☐ 1-2 dressy outfits
- ☐ Red outfit for Scarlet Night
- ☐ Dress shirt (if preferred)



SHOES

- ☐ Walking shoes / sneakers
- ☐ Sandals
- ☐ Water shoes (or flip flops)
- ☐ Dress shoes (for evenings)



TOILETRIES

- ☐ Sunscreen (extra!)
- ☐ Aloe vera
- ☐ Skincare
- ☐ Hair care
- ☐ Toothbrush & toothpaste
- ☐ Motion sickness remedies
- ☐ Insect repellent
- ☐ Prescriptions & basic meds
- ☐ Wrinkle release spray
- ☐ Tide pen (stain remover)
- ☐ Deodorant & body care



CRUISE CABIN ESSENTIALS

- ☐ Reusable water bottle
- ☐ Magnetic hooks
- ☐ Packing cubes
- ☐ Portable charger
- ☐ Lanyard (if needed)
- ☐ Laundry bag
- ☐ Ziplock bags / container
- ☐ Power adapter plug



Pro Tip ♥

Pack light, mix & match outfits and do laundry on board if needed!



ELECTRONICS

- ☐ Phone
- ☐ Charger & extra cable
- ☐ Portable charger
- ☐ Camera / GoPro
- ☐ E-Reader or tablet
- ☐ Headphones



EXCURSION GEAR

- ☐ Sunglasses
- ☐ Hat / cap
- ☐ Sunscreen
- ☐ Dry bag (x2)
- ☐ Snorkel gear / mask strap cover
- ☐ Rash guard
- ☐ Waterproof phone case
- ☐ Daypack or tote bag
- ☐ Rain jacket / poncho
- ☐ Beach towel (provided by ship)



GLUTEN FREE EXTRAS

- ☐ Gluten free snacks (bars, chips, crackers)
- ☐ Backup food for excursions
- ☐ Medication (Gastro Stop, Panadol, Gaviscon)
- ☐ Translation cards (download or print)



CARRY-ON MUST HAVES

- ☐ Passport & documents
- ☐ Medication
- ☐ Swimsuit
- ☐ Change of clothes
- ☐ Phone charger
- ☐ Sunglasses
- ☐ Sunscreen



PACKING TIPS

- ♥ The Caribbean is warm – pack light & breathable.
- ♥ Bring 2-3 swimsuits.
- ♥ Extra sunscreen is a MUST.
- ♥ Cash in USD is handy for ports.
- ♥ Don't forget your documents!



PACK SMART. TRAVEL FAR. MAKE MEMORIES. ♥



FIRST TIME CRUISE TIPS

Avoid common mistakes, don't overpack & check your cruise line's policies.



BE PREPARED FOR ANYTHING

From beach days to formal nights, we've got you covered!



ENJOY YOUR ADVENTURE!

Relax, explore & make every moment unforgettable.



FREE PRINTABLE CHECKLIST!

Sign up on our website to get your free printable packing checklist sent to your inbox! ♥